

2010 Al-Anon Convention



March 26, 27, 28 2010
Crowne Plaza Hotel
Cromwell, CT

Meeting Topics and Times

Friday	5:30 pm	Serenity When?
	7:30 pm	The Family meeting (AA, Al-Anon & Alateen)
	10 pm	FEAR Peace during the storm
Saturday	9 am	Steps 1,2,3 Giving in to Serenity Acceptable or unacceptable behavior Who knew? FROG (Forever Relying on God) Bilingual The 4 M's
	10:30 am	Steps 4,5,6 Owning up to Serenity Serenity in Relationships Is it Possible (Women's meeting) Wisdom Serenity a mind body experience Bilingual Minding my own business
	1 pm	Steps 7,8,9 Making up for Serenity How do I stop going to the hardware store for Bread Serenity in Relationships is it Possible (Men's meeting) Bilingual from Fear to Love, depression to Love using the tools of A I-Anon to transform my life on a daily basis
	2:30 pm	Steps 10,11,12 Keeping up my Serenity Unconditional Love Courage to be Serene Combined meeting Al-Anon, Alateen, AA When the Spirit Moves Us To Serenity
	7:30 pm	Keynote speaker
	10 pm	The Light At the End of the Tunnel
	Sunday	9:30 am

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Alateen Meeting Topics and Times

Friday	10:15pm	Icebreaker meeting (Closed Alateen and Sponsors)
Saturday	9am	Steps 1,2,3 (Letting Go for Serenity)
	10:30 am	Acceptance (Leads to Serenity)
	1pm	Gratitude (A Serene Attitude)
	2:30pm	Trust (No Fear=Serenity)